



# Pomegranate Champagne Cocktail

10'  
Hands on

8-10  
Portion(s)

1  
Difficulty



## Ingredients

- 3-4 pomegranates
- 2 tablespoon(s) granulated sugar
- 1 white wine, sparkling

## Διατροφικός πίνακας

Nutrition information per portion

99 Calories (kcal)	0.0 Total Fat (g)	0.0 Saturated Fat (g)	9.4 Total Carbs (g)
5%	0%	0%	4%
9.3 Sugars (g)	0.8 Protein (g)	1.9 Fibre (g)	0.0 Sodium (g)
10%	2%	8%	0%

## Method

- Use a knife to cut the pomegranates in half. Remove the seeds with a spatula and let them fall into a bowl.
- Pulse the seeds in a food processor for 5-10 seconds. At this point you can add some sugar if you want the juice to be sweeter. Pour the juice through a sieve.
- Pour the juice in a champagne glass (about 5 cm) and fill  $\frac{3}{4}$  of the way with champagne.

## Tip

You can use sparkling wine instead of champagne and strawberries or peaches instead of pomegranates!