



Sweet watermelon pizza

15'

Hands on

2-4

Portion(s)

1

Difficulty



Ingredients

- 1 round slice of watermelon 2 cm thick, with rind, approximately 400 g
- pinch of coarse salt
- 1 tablespoon grated coconut
- 20 g blanched almonds
- 30 g blueberries
- 1 kiwi
- 4 cherries
- 1 peach, cut into wedges
- 20 g honey

Διατροφικός πίνακας

Nutrition information per portion

133 Calories (kcal)	5.5 Total Fat (g)	2.3 Saturated Fat (g)	17.0 Total Carbs (g)
7%	8%	12%	7%
16.0 Sugars (g)	2.5 Protein (g)	2.7 Fibre (g)	0.13 Sodium (g)
18%	5%	11%	2%

Method

- Place watermelon slice on a round serving platter or cutting board.
- Sprinkle with salt, sparingly.
- Sprinkle with grated coconut and the blanched almonds. Add some pieces of fruit, arrange nicely.
- Drizzle with honey.
- Cut into pieces and serve.