



3-ingredient mug cake

5'
Hands on

4'
Cook Time

2
Portion(s)

1
Difficulty



Method

- In a bowl add the chocolate hazelnut spread, the flour, the eggs, and mix well with a hand whisk until the ingredients are homogenized.
- Divide the mixture among two buttered and floured with cocoa powder [mugs](#).
- Microwave the mugs one by one at 1000 Watt for 2 minutes.
- Serve with whipped cream and candies.

Ingredients

- 200 g [Akis' chocolate hazelnut spread](#)
- 50 g all-purpose flour
- 2 eggs, medium
- butter
- cocoa powder

To serve

- [whipped cream](#)
- candies

Διατροφικός πίνακας

Nutrition information per portion

767 Calories (kcal)	44.0 Total Fat (g)	15.0 Saturated Fat (g)	79.0 Total Carbs (g)
38%	63%	75%	30%
57.0 Sugars (g)	12.0 Protein (g)	2.2 Fibre (g)	0.52 Sodium (g)
63%	24%	9%	9%