



How to make 3 homemade lemonades

15 minutes

Hands on

2

Portion(s)

1

Difficulty



Method

For the Simple syrup

- Mix 1 cup of hot water with 1 cup of sugar and keep stirring until all the sugar dissolves.
- Let the mixture cool down and store in the fridge for up to 1 month.

For the lemonades

- Add all the ingredients directly into a glass full of ice.☐
- Stir gently for a few seconds.☐
- Garnish and enjoy the healthiest, most refreshing homemade lemonade.

Ingredients

For the classic lemonade

- 25 ml lemon juice, fresh
- 25 ml syrup, sugar
- 75 ml water
- lemon, wedge fo garnish

For the ginger lemonade

- 25 ml lemon juice, fresh
- 12,5 ml syrup, sugar
- 75 ml ginger beer
- ginger, candied, for garnish
- lemon peel, for garnish

For the mojito lemonade

- 25 ml lime juice, fresh, lime
- 25 ml syrup, sugar
- 75 ml water
- 8-10 mint leaves
- mint, sprig, for garnish

Διατροφικός πίνακας

Nutrition information per portion

66 Calories (kcal)	0.0 Total Fat (g)	0.0 Saturated Fat (g)	15.7 Total Carbs (g)
3%	0%	0%	6%
15.7 Sugars (g)	0.08 Protein (g)	0.03 Fibre (g)	0.0 Sodium (g)
17%	0%	0%	0%