



Recipe Category / Beverages & Drinks

Chocolate Drink

30 minutes

Hands on

6

Portion(s)

1

Difficulty



Ingredients

- 1 liter milk
- 220 g dark chocolate couverture, finely chopped
- 120 g milk chocolate couverture, finely chopped
- ½ teaspoon ground cinnamon, optional

Διατροφικός πίνακας

Nutrition information per 100 gr.

182 Calories (kcal)	12.4 Total Fat (g)	7.6 Saturated Fat (g)	12.2 Total Carbs (g)
9%	18%	38%	5%
12.8 Sugars (g)	4.6 Protein (g)	2.0 Fibre (g)	0.1 Sodium (g)
14%	9%	8%	2%

Method

Photo credit:

G. Drakopoulos - Food Styling: T. Webb

- Heat a cup of milk in a saucepan until it comes to a boil.
- Immediately pour over finely chopped chocolates in a bowl.
- Stir until they melt
- Heat the remaining milk and add to the chocolate mixture.
- Add ground cinnamon, optional.
- Beat with a hand whisk or an immersion blender.