



# Homemade orange soda

5'  
Hands on

40"  
Hands off

20  
Portion(s)

1  
Difficulty



## Ingredients

- orange peels, of 3 oranges
- 1 kilo granulated sugar
- cardamom, seeds
- 500 g water
- 10-12 oranges

To serve

- club soda
- slices orange
- mint leaves

## Διατροφικός πίνακας

Nutrition information per portion

215 Calories (kcal)	0.0 Total Fat (g)	0.0 Saturated Fat (g)	53.0 Total Carbs (g)
11%	0%	0%	20%
53.0 Sugars (g)	0.0 Protein (g)	0.0 Fibre (g)	0.0 Sodium (g)
59%	0%	0%	0%

## Method

- Peel the oranges with a peeler. Make sure to peel only the orange part, not the white.
- Add the peels in a **pot** and add the sugar, the 2 seeds of cardamom, and water. Transfer over medium heat and simmer for 4-5 minutes.
- Juice all of the oranges and then, remove the pulp from the juice. You will need 1 liter of the orange juice, in total.
- Remove the syrup from the heat, add the orange juice, and stir. Set aside to cool well. Then, drain, and transfer into bottles.
- Serve one part orange juice to 5 parts club soda, that is 50 g of the orange juice with 250 g club soda. Decorate with orange slices and mint leaves.