



Marshmallow and chocolate baked bananas

5'
Hands on

6'
Cook Time

3
Portion(s)

1
Difficulty



Ingredients

- 3 bananas

For the filling

- 8 tablespoon(s) marshmallows, small
- 8 tablespoon(s) chocolate couverture, drops
- 8 tablespoon(s) truffle, colorful

Διατροφικός πίνακας

Nutrition information per portion

724 Calories (kcal)	25.0 Total Fat (g)	15.0 Saturated Fat (g)	115.0 Total Carbs (g)
36%	36%	75%	44%

99.0 Sugars (g)	8.4 Protein (g)	2.3 Fibre (g)	0.22 Sodium (g)
110%	17%	9%	4%

Method

- Preheat oven to 180* C (350* F) Fan.
- Peel each banana and create a slit in the middle, using a [sharp knife](#).
- Combine the marshmallows and chocolate chips in a bowl, to create the filling.
- Place the bananas on pieces of aluminum foil and add the filling in the slits you created.
- Wrap in aluminum foil and bake for 5-6 minutes.
- When ready, remove from oven, top with colorful sprinkles and serve warm.