



Recipe Category / Snacks and Sandwiches

Tortilla wraps with egg

15'
Hands on

2
Portion(s)

1
Difficulty



Ingredients

- 3 eggs, boiled
- 50 g [homemade mayonnaise](#)
- 1 tablespoon(s) mustard, mild
- salt
- pepper
- 1/4 teaspoon(s) paprika, sweet
- 2 tortillas
- 100 g smoked salmon
- 50 g baby spinach

To serve

- baby spinach
- paprika, sweet

Διατροφικός πίνακας

Nutrition information per portion

562 Calories (kcal)	35.0 Total Fat (g)	6.1 Saturated Fat (g)	31.0 Total Carbs (g)
28%	50%	31%	12%
2.6 Sugars (g)	29.0 Protein (g)	2.6 Fibre (g)	3.9 Sodium (g)
3%	58%	10%	65%

Method

- Peel the eggs. Finely chop them and add them into a [bowl](#).
- Add the mayonnaise, the mustard, salt, pepper, and the paprika.
- Spread the tortillas on your working surface.
- Divide the egg mixture among the center of each tortilla.
- Add the salmon, the spinach, and wrap the tortillas.
- Cut the tortillas into small rolls.
- Serve with baby spinach and sprinkle with paprika.